

# Temporary Crown Post Op Instructions

## CHEWING & EATING:

- Avoid sticky or chewy foods (gum, caramel, taffy, candy) that may dislodge the temporary crown.
- Stay away from hard foods (nuts, ice, hard bread) that could break or crack the temporary.
- Try to chew on the opposite side of your mouth to reduce pressure on the temporary crown.

## ORAL HYGIENE:

- Brush gently around the temporary crown, using a soft-bristled toothbrush.
- Try to avoid flossing but if necessary, slide the floss through rather than pulling it up, as this could loosen the crown.
- You may rinse with an antibacterial mouthwash or salt water if desired to keep the area clean.

## SENSITIVITY & DISCOMFORT:

- Mild sensitivity to temperature or pressure is normal. Over-the-counter pain relievers (such as ibuprofen or acetaminophen) can help manage any discomfort.
- If you experience persistent pain that worsens or does not improve, or the bite feels uneven, please contact our office for an adjustment.

## IF YOUR TEMPORARY CROWN COMES OFF:

- Contact our office immediately so we can re-cement it.
- If you cannot visit right away, you can temporarily place the crown back using either Vaseline, or over-the-counter dental cement as a temporary adhesive. Do not EVER use super glue.

## FOLLOW UP APPOINTMENT:

- Your permanent crown should be ready in about 2 weeks. Be sure to keep your scheduled appointment for placement.
- If you need to reschedule, let us know as soon as possible to avoid delays in treatment.

If you have any concerns or questions, please feel free call us or text us at 512-949-8202. We are always happy to help. See you soon!